

In addition to the tasks, it would be good practice if you familiarise yourself with some of the following further reading materials:

**BTEC Health and social care specification**

[https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446938034\\_BTEC\\_Nat\\_ExtDip\\_HSC\\_Spec\\_Iss3C.pdf](https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Health-and-Social-Care/2016/specification-and-sample-assessments/9781446938034_BTEC_Nat_ExtDip_HSC_Spec_Iss3C.pdf)

BTEC Nationals Health and Social Care Student Book 1 Publisher: Pearson Author: Marilyn Billingham, Pamela Davenport ISBN: 9781292126012 (**Main student text book**)

Mackereth, C., Brown, J. (2015). Promoting Public Health and Mental Wellbeing: Principles into Practice. 8<sup>th</sup> ed. London: Jessica Kingsley Publishers

Moule, P. (2018). Making sense of research in nursing, health and social care. London: Sage Publications Inc

Walsh, M. (2016). Anatomy & Physiology for Health and Social Care: An ABC Guide for Students. London: Createspace Independent Pub

Walsh, M. (2016). Meeting Individual Care and Support Needs: An ABC Guide for Students. London: Createspace Independent Pub

Clarke L – Health and Social Care GCSE (Nelson Thornes, 2002) ISBN 9780748770724

Eden S – Society, Health and Development Level 1 Foundation Diploma (Pearson, 2008) ISBN 9780435500900

**Websites**

[www.bbc.co.uk](http://www.bbc.co.uk)

[www.nhs.uk](http://www.nhs.uk)

[www.guardian.com](http://www.guardian.com)

[www.telegraph.co.uk](http://www.telegraph.co.uk)

[www.economist.com](http://www.economist.com)

[www.communitycare.co.uk](http://www.communitycare.co.uk)

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>